1. **1 Corinthians 10:1-2**

* **Exodus 13:21-22, Exodus 14:10-12, Exodus 14:19-22**
* What does Paul mean when he states, “our ancestors were all under the cloud”?
* When did the people pass “through the sea”?
* How were they “baptized into Moses” according to your own understanding?
* Consider how the people approached Moses in these passages, have you ever approached God in this manner, grumbling and complaining about your wandering through life?

1. **1 Corinthians 10:3-5**

* **Exodus 16:2-4, Exodus 16:13-18, Exodus 16:31, Exodus 17:1-7**
* What was the “spiritual food” they ate called and how did it taste?
* How did God provide this food?
* What “spiritual drink” did they drink?
* Who was standing on the “rock” in Exodus?
* Did this “spiritual rock” really follow them in Exodus, please share how this could be possible?
* Consider how the people approached Moses in these passages, have you ever approached God in this manner, grumbling and complaining about your needs in life?

1. **1 Corinthians 10:6**

* Why did “these things” happen according to Paul?
* What does this say about the importance of the Old Testament in your opinion?

1. **1 Corinthians 10:7-8**

* **Exodus 32:1-6, Numbers 25:1-9**
* Which story was Paul reminding the Corinthians of when he stated, “the people sat down to eat and drink and rose up to revel”, and what was the peoples’ sin in this story?
* In the second reading above, what form of immorality caused so many to die?
* How might a Christian today fall into these types of sins?

1. **1 Corinthians 10:9-10**

* **Numbers 14:28-29, Numbers 14:36-37, Numbers 21:4-9**
* How did those who “suffered death by serpents” offend God?
* How did some of the people who offended God recover?
* **John 6:40**
* How can people today who have offended God recover?
* What happened to those who grumbled against God and Moses in the first reading from **Numbers**?
* Read the **footnote** for **Numbers** **14:28** and share your thoughts about it.

1. **1 Corinthians 10:11-13**

* How relevant do you think the Old Testament is to Paul, in your opinion?
* Do you believe most Christians today see the Old Testament as relevant as the New Testament, please explain why or why not?
* What do you feel Paul is saying about being overly confident, isn’t this a positive thing?
* What does Paul reveal about the trial’s we face here on earth and God’s help?
* Did this lesson affect the way you might approach God with your sufferings in the future?